

Tutorial of English Proficiency Test – TEPT

1. Course Information

Component	Description
Course Title	Tutorial of English Proficiency Test
Course Type	English Proficiency Test Preparation
Target Learners	University Students – Semester 4
Primary Focus	TOEFL ITP-oriented English Proficiency
Number of Meetings	14
Main Skills	Listening, Reading, Structure & Written Expression
Course Orientation	Test-taking skills and English proficiency development
Main Assessment	Integrated TOEFL-style Tryout
Institution	Universitas Islam Sultan Agung (UNISSULA)
Publisher	UPT Pengembangan Bahasa Internasional (CILAD)

2. Course Description

Tutorial of English Proficiency Test is designed to help university students develop the language knowledge and test-taking strategies required to perform effectively in an English proficiency test.

The course focuses on three major areas:

1. Listening Comprehension
2. Structure and Written Expression
3. Reading Comprehension

Rather than teaching grammar as isolated language topics, the course presents grammar through specific **test-taking skills**, such as identifying subject–verb agreement, recognizing objects of prepositions, using articles correctly, identifying participles, recognizing conjunctions and parallel structures, and identifying appropriate verb forms.

Reading instruction focuses on strategies for answering different types of comprehension questions, while listening instruction develops strategies for understanding short conversations, longer conversations, and talks.

3. Learning Outcomes

By the end of the course, students are expected to be able to:

1. identify grammatical structures commonly tested in English proficiency tests;
2. apply subject–verb agreement rules accurately;
3. identify the grammatical function of words and phrases in sentences;
4. apply appropriate articles to singular nouns;
5. distinguish between present and past participles;
6. recognize grammatical relationships across multiple clauses;
7. apply conjunctions and parallel structures correctly;
8. recognize subject–verb inversion in questions and conditional structures;
9. apply appropriate subject–verb agreement after expressions of quantity and certain indefinite words;
10. identify appropriate verb forms following *be*, *have*, and modal verbs;
11. identify the main idea and stated or implied details in reading passages;
12. identify transitions, synonyms, pronoun referents, tone, purpose, and course/topic in reading texts;
13. apply strategies for understanding short conversations;
14. identify speakers, locations, situations, suggestions, uncertainty, and agreement in listening passages;
15. apply listening strategies to longer conversations and talks;
16. complete TOEFL-style integrated practice in Listening, Structure & Written Expression, and Reading;
17. develop effective test-taking strategies for English proficiency assessment.

4. Curriculum Map

Meeting	Section	Skill/Topic	Main Competency
1	Structure & Written Expression	Subject & Verb Agreement in Single Clause Sentences; Objects of Prepositions	Identifying subjects, verbs, and prepositional objects
2	Structure & Written Expression	Articles with Singular Nouns; Present/Past Participle	Identifying correct noun and participle forms
3	Structure & Written Expression	Subject–Verb Agreement in Multiple Clauses; Conjunctions & Parallelism	Analyzing complex sentence structures
4	Structure & Written Expression	Inversion after Question Words; Inverted Subject & Verb with Conditionals	Recognizing inverted structures
5	Structure & Written Expression	Verb Agreement after Expressions of Quantity; Certain	Applying agreement rules in special structures

Meeting	Section	Skill/Topic	Main Competency
		Words	
6	Structure & Written Expression	Verb Forms after <i>Be</i> , <i>Have</i> , and Modals	Selecting appropriate verb forms
7	Review 1 (Integrated Assessment)	Structure & Written Expression	TOEFL-style integrated proficiency assessment
8	Reading Comprehension	Main Idea; Stated Details	Identifying explicit and central information
9	Reading Comprehension	Implied Details; Transitions	Making inferences and understanding text organization
10	Reading Comprehension	Synonyms & Pronoun Referents; Tone, Purpose & Course	Understanding vocabulary, references, and author purpose
11	Listening – Short Conversation	Last Line & Synonyms; Negative Expressions	Understanding meaning and paraphrase
12	Listening – Short Conversation	Who/What/Where; Suggestion & Uncertainty; Agreement	Identifying speakers, situations, and communicative functions
13	Listening	Long Conversations & Long Talks	Understanding extended spoken English
14	Review 2 (Integrated Assessment)	Listening, Structure & Written Expression, Reading	TOEFL-style integrated proficiency assessment

5. Skill Development Progression

The curriculum follows a clear progression:

GRAMMATICAL ACCURACY

↓

Subject–Verb Agreement

↓

Nouns & Articles

↓

Participles

↓

Multiple Clauses
↓
Conjunctions & Parallelism
↓
Inversion
↓
Quantity Expressions
↓
Auxiliaries & Modals
↓
READING COMPREHENSION
↓
Main Idea
↓
Stated Details
↓
Implied Details
↓
Transitions
↓
Synonyms & References
↓
Tone & Purpose
↓
LISTENING COMPREHENSION
↓
Short Conversations
↓
Paraphrase & Negative Expressions
↓
Who/What/Where
↓
Suggestion, Uncertainty & Agreement
↓
Long Conversations
↓
Long Talks
↓
INTEGRATED TOEFL-STYLE ASSESSMENT

6. Core Competencies

Competency Area	Expected Ability
Grammar	Identify and apply grammatical structures in test questions

Competency Area	Expected Ability
Structure	Analyse sentence components and grammatical relationships
Written Expression	Identify grammatical errors in written sentences
Reading	Understand explicit and implicit information
Vocabulary	Recognize synonyms and meaning from context
Text Analysis	Identify transitions, references, tone, and purpose
Listening	Understand short and extended spoken English
Test-Taking Skills	Apply appropriate strategies to different question types
Integrated Proficiency	Complete TOEFL-style Listening, Structure, and Reading tasks

7. Assessment Framework

Formative Assessment

Throughout the meetings:

- Grammar/Structure exercises
- Written Expression Exercises
- Reading comprehension exercises
- Vocabulary/context exercises
- Listening comprehension exercises
- Error identification
- Strategy application
- Timed practice

Summative Assessment

Integrated TOEFL-Style Assessment

Section	Components
Listening Comprehension	Short Conversations, Long Conversations, Long Talks
Structure & Written Expression	Structure, Written Expression
Reading Comprehension	Reading comprehension questions

9. Recommended Teaching Approach

Suggested Lesson Cycle

1. Skill Introduction
- ↓
2. Explanation of Test Strategy
- ↓
3. Guided Examples
- ↓
4. Controlled Practice
- ↓
5. Test-Type Exercises
- ↓
6. Error Analysis
- ↓
7. Timed Practice
- ↓
8. Reflection & Strategy Review

For example, in **Structure**, students should not simply learn subject–verb agreement. They should learn **how to identify the subject quickly in a TOEFL-style sentence and avoid being distracted by an object of a preposition**.

Similarly, in **Reading**, students should practice not only understanding a passage but specifically **locating the main idea and distinguishing it from supporting details**.